

- **University** - Arizona State University: Bachelor of Arts, English, Pre-Medical Sciences, Magna Cum Laude, 2000
- **Medical School** - Southwest College of Naturopathic Medicine, Tempe Arizona, Naturopathic Medical Doctor, 2006
- **Medical Licensure** - Naturopathic Medical Doctor, State of Arizona, 2006

Preceptorships and Advanced Postgraduate Courses

- Preceptorship and Advanced Bioidentical Hormone Training with Dr. Gino Tutera, MD, FACOG, Scottsdale, AZ (February to July of 2006)
- Endocrine Society Annual Communication (2007-2010)
- Institute for Functional Medicine (IFM) 2007
- American Association of Anti-Aging Medicine (A4M) 2011-present
- Cellular Medicine Association (CMA) 2017. O Shot, P Shot, Vampire Facelift Procedures

Physician Work Experience

SottoPelle Inc. and Gino Tutera, MD, PC: August 2006 to February 2015

Treated *thousands* of patients with bioidentical hormone replacement therapy and subcutaneous hormone pellets. Developed a personal expertise in Thyroid Disease called ThyroZone™, leading to the research and writing of a 500 page volume entitled *The Hormone Zone: Navigating Metabolism Towards Whole Health Transformation*.

The Hormone Zone: February 2015 to present: Owner & Chief Medical Officer

Along with his Yale-trained Naturopathic Physician wife, Dr. Cristina Romero-Bosch, they expanded the current hormone replacement and thyroid approaches to include a complete exploration into all hormone systems and Anti-Aging Medicine including full consideration of the patient providing an inclusive scope of medical choice and treatment.

Publications

- Co-Author of *ThyroZone™, Real Thyroid Solutions for Better Health and Better Living*. Wheatmark Press. June 2017
- Contributing Author with Dana Trentini and Mary Shoman in *Your Healthy Pregnancy with Thyroid Disease*. Da Capo Press. 2016
- Author of *The Hormone Zone: Navigating Metabolism Through Whole Health Transformation*. Intermedia Press. December 2011
- Contributing Author with Gino Tutera MD FACOG in *Life Regained: The Real Solution to Menopause and Andropause*. 2009

Medical Society Memberships

- American Association of Naturopathic Physicians (AANP) (2002)
- Arizona Association of Naturopathic Physicians (AzNMA) (2002)
- American Association of Anti-Aging Medicine (A4M) 2011-present
- LDN Research Trust (2016)
- Cellular Medicine Association (CMA) (2017)
- International Society for Sexual Medicine (ISSM) (2017)
- Age Reversal Network (2020)

Professional Speaking Experience

- *The Global Decline of Testosterone & Sperm*. International Congress on Naturopathic Medicine. **London, England**. July 2, 2017.
- *Thyroid Autoimmunity: Causal Relationships & Novel Therapeutics*. LDN Research Trust Annual Conference. **Portland, OR, USA**. September 23, 2017.



Teaching Experience

Anatomy & Physiology Instructor, The Bryman School, Phoenix, AZ (2000 to 2001)

Business Acumen & Experience

- Relicus Medical Holdings (2018)
- Created a Holding Company for Wellness Companies and Physician Practices
- **Managing Director** of a World-Class Board including the **Chairman Mr. Daniel S. Peña, Sr from the Guthrie Group in Scotland, UK**.

Public Speaking

- Life Transformation Seminars & Events: Navigating Your Hormone Zone All-Day Event, August 2012
- Multiple Local Events
- Live Television, Radio, Podcasts
- Toastmasters International June 2018

Honors & Awards

- Listed in Phoenix Magazine's Top Doctors 2014 and 2020 edition
- Voted by AZ Foothills Magazine: Top Hormone Doctor 2017
- Voted by AZ Foothills Magazine: Best of Valley for Endocrinology 2018

Community Involvement

- Member of the Association for Corporate Growth (ACG) since March 2018
- Member of the Arizona Business Leadership (AzBL) since April 2017
- Supporting member of the Wounded Warrior Project since 2013
- Member of Scottsdale Masonic Lodge #43 since 2008

