

### Education

- **Doctor of Naturopathic Medicine** | June 2023  
Sonoran University of Health Sciences, College of Naturopathic Medicine | Tempe, AZ
- **Bachelor of Science, Pre-Medical Health Sciences I**  
December 2017  
Arizona State University | Phoenix, AZ

### Additional Professional Experience

- **Intern, The Hormone Zone** | Scottsdale, AZ | January 2023 – June 2023
- **Scribe, Honor Health Deer Valley Emergency Department** | Phoenix, AZ | September 2015 – 2016
- **Intern, AM Nutrition Services** | Glendale, AZ | Spring 2017

### Certifications

- **Aesthetic Injection Therapies**; Botox, Dysport, and Dermal Fillers
- **BLS**, American Heart Association (expires 2024)
- **ACLS**, American Heart Association (expires 2024)

### Areas of Treatment and Focus

- Hormonal Imbalances (Menopause, PCOS, PMS, Infertility, Acne, Irregular periods)
- Metabolic Health, Insulin Resistance, Diabetes, and Weight loss
- Testosterone Replacement
- Thyroid Dysfunction
- Sexual Wellness
- Longevity
- Gut Health
- Stress Management, Anxiety, and Depression
- Acute/Long Covid
- Botox/Dysport and Dermal Filler
- PRP facial/scalp



### Teaching Experience

- Teaching Assistant, Sonoran University | Summer 2021 – 2023
- DDC Tutor, Sonoran University | Summer 2020 – 2023

### Leadership

- Mentor Program, Sonoran University | 2020 – 2023
- Leadership Academy, In-N-Out Burger | 2015

### Volunteering

- Arizona Bleeding Disorders Association | Spring 2013 – present (annually)
- Feed My Starving Children | 2010 – present (on a periodic basis)
- Phoenix Children's Hospital | 2010 – present (on a periodic basis)
- American Cancer Society | Spring 2008 – 2010

### Honors & Awards

- Dean's List, Sonoran University
- Dean's List, Arizona State University
- Regent High Honors Endorsement Scholarship

### Professional Associations

- Arizona Naturopathic Medical Association | 2022 – present
- American Herbalists Guild | 2022 – present Naturopathic Medical Student Association | 2019 – present
- Endocrinology Club, Sonoran University | 2022 – 2023

### Research Experience

- Research Assistant, Ric Scalzo Institute for Botanical Research, Sonoran University | Fall 2020 – 2023